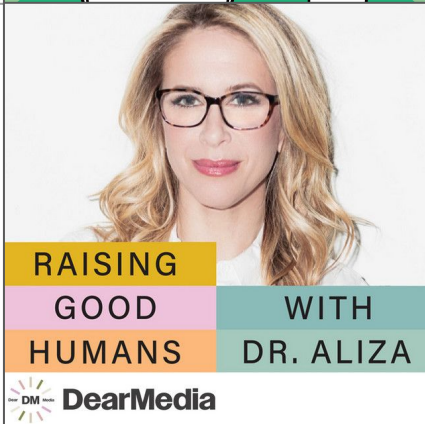




Podcasts for Parents



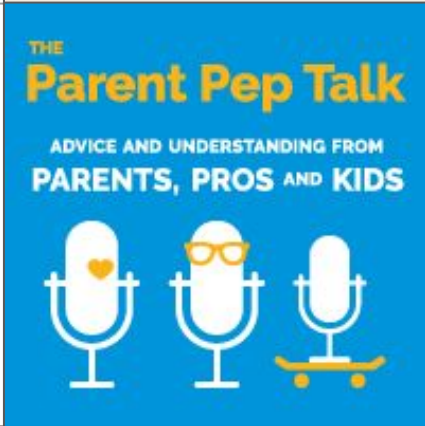
Good Inside is one of the most popular parenting podcasts out there. In easily digestible, 30-minute episodes, clinical psychologist Dr. Becky Kennedy takes questions from real parents about their parenting challenges. This podcast focuses on parent-child connection and productive approaches to discipline.



Raising Good Humans is hosted by Dr. Aliza Pressman, a developmental psychologist, parent educator, and co-founder of both Mount Sinai Parenting Center and SeedlingsGroup. Each episode is a deep dive into a parenting topic with both experts and parents, who share the most effective parenting approaches and tools, and talk about the bigger picture of raising good humans. New episodes come out every Friday, and run about 30 to 50 minutes long. Recent episodes include "Decoding the Neuroscience of Emotions" and "How to Spot Misinformation Online."



Power to the Parents is the brand-new podcast from ParentsTogether connecting parents and caregivers to the incredible power they have to create a better world for their children. Hosted by Ailen Arreaza, you'll meet regular parents who've done amazing things to ensure a safer, brighter future for kids. Through thought-provoking interviews and candid discussions, you learn how these remarkable individuals have addressed vital issues and made a difference in their communities. By exploring activism through the lens of parenting, it examines how simply being a parent can be a superpower.



The Parent Pep Talk is a heartfelt and humorous podcast filled with advice and understanding from empathetic experts, honest parents, and teens who are willing to talk. It's for all parents looking for a little perspective, a few well-tested tips, and the feeling that you're probably doing a lot better than you think, even if it doesn't always feel like it.

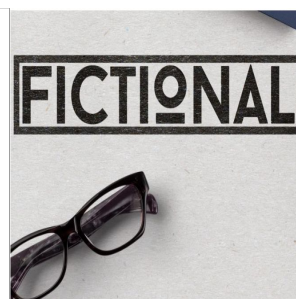


PODCASTS

4 STUDENTS



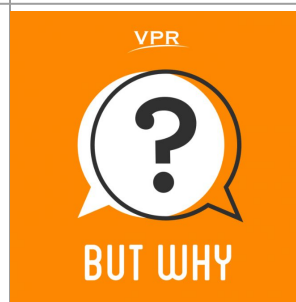
Each episode tells the story of a famous historical figure. We are truly standing on the shoulders of giants, and this podcasts provides students with an appreciation for many of those that came before us.



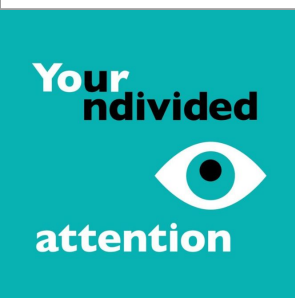
This show has a really cool concept – the hosts take stories from classic literature and retell them with a casual and modern tone. I think it's a great way to make the classics accessible to students and hopefully inspire them to read the originals. Pretty cool show!



This podcasts makes storytelling cool. Kids love host Glynn Washington's "storytelling with a beat." It is important for kids to hear great stories, as it provides them with ideas to model after in their own writing. (Just make sure you preview episodes before sharing them as some are more PG-13)



Kids are curious. In this show, kids ask the questions and the hosts find the answers. What's cool is that even seemingly uninteresting topics are revealed actually be quite fascinating. Anything that nurtures that innate sense of curiosity is definitely worth checking out, and this podcast does just that



Technology has become extremely intrusive. Teens and adults alike struggle with regulating screen time and minimizing distraction. While technology has many benefits, it also comes with "side effects." This podcast is critical and timely. Each episode discusses how technology hijacks our brains and what we can do to protect ourselves. This is definitely a must-listen!



It has been around for a long time and for good reason – it's super interesting! Each episode the hosts dive into a topic and teach all about it. Plus, the hosts have a cool vibe about them. Long story short, your students will be certain to find topics that they will enjoy learning about!



Created by Guy Raz (he's amazing) and Mindy Thomas, this is a podcast that presents the coolest and most interesting stories in science, technology and innovation. This was produced for kids and tweens and it is a huge hit for students.



This is a really fascinating podcasts that uses science and storytelling to reveal the unconscious patterns that drive human behavior, shape our choices and direct our relationships. It seeks to understand why we do what we do. Very cool podcast!