

Ted Talks Definitely Worth Watching:



Inside the Mind of a Procrastinator

Tim Urban knows that procrastination doesn't make sense, but he's never been able to shake his habit of waiting until the last minute to get things done. In this hilarious and insightful talk, Urban takes us on a journey through YouTube binges, Wikipedia rabbit holes and bouts of staring out the window -- and encourages us to think harder about what we're really procrastinating on, before we run out of time.



The Power of Vulnerability

Brené Brown studies human connection -- our ability to empathize, belong, love. In a poignant, funny talk, she shares a deep insight from her research, one that sent her on a personal quest to know herself as well as to understand humanity.
A talk to share.



Parenting in the digital age: Sonia Livingstone

We are living in the digital age, where technology rules the world. How do parents ensure that their child has a healthy and balanced relationship with technology in such a scenario? In this talk, Social psychologist Sonia Livingstone emphasizes the importance of embracing technology with children and lays down a simple, well-planned roadmap to get there.



The mysterious workings of the adolescent brain by Sarah-Jayne Blakemore

Teenagers are unpredictable, impulsive, and difficult to understand. Sarah-Jayne Blakemore (Cognitive neuroscientist) explains the science and reason behind the typical "teenage" behavior. The video will help parents realize that their teen's "unpredictable behavior" is just a part of growing up.



Let's raise Kids to be Entrepreneurs: Cameron Herold

Your kid could be bored of school and failing tests, but who knows, maybe he has that spark in him to become an "entrepreneur"! Cameron Herold says it's the job of parents and schools to encourage qualities like leadership, innovation, and entrepreneurship, especially if the child has an aptitude for this.



Grit: The Power of Passion and Perseverance: Angela Lee Duckworth

A former teacher, Dr. Duckworth, talks about why some kids persevere and others don't. Why do some people work toward goals over long periods of time? And how can that change the way we parent and educate? Dr. Duckworth realized that IQ wasn't the only thing separating the successful students from those who struggled -- it could be the "grit."



The Danger of Silence: Clint Smith

The world today is a crazy place for kids and grown-ups alike. It can be difficult for parents to figure out how to talk to their children about what worries them. In a short, powerful talk, Clint Smith reflects on finding the courage to speak up for truth and justice.



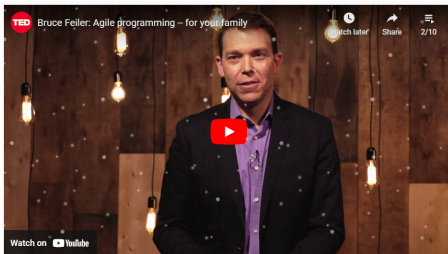
The Power of Believing That You Can Improve: Carol Dweck

Carol Dweck talks about how the child's mindset impacts his/her learning, abilities, and success. Children with a positive mindset have more confidence in their abilities than their counterparts with a fixed mindset. However, the highlight of this talk is when Dweck outlines the methods parents can use to help children of any age remain confident and motivated when navigating complex tasks, in and out of school.



How to raise Successful Kids – without over parenting: Julie Lythcott Haims

In today's competitive world, everyone has expectations, including parents. They have extremely high expectations from their children, sometimes even impractical. By pressuring kids with and micromanaging their lives, parents aren't helping them but making them miserable. In this talk, Julie Lythcott discusses why it is important for parents not to expect too much from their children but focus on bringing them up with unconditional love.



Agile Programming: Bruce Feiler

Bruce Feiler has a radical idea: To deal with the stress of modern family life, go agile. Inspired by agile software programming, Feiler introduces family practices which encourage flexibility, bottom-up idea flow, constant feedback and accountability. One surprising feature: Kids pick their own punishments.



Let's Teach Kids to Code: Mitch Resnick

Coding isn't just for computer whizzes, says Mitch Resnick of MIT Media Lab — it's for everyone. In a fun, demo-filled talk Resnick outlines the benefits of teaching kids to code, so they can do more than just use new tech toys but also create them.



How to Raise Emotionally Intelligent Kids

This talk explores all these questions along with how the lack of emotional literacy in our culture has significant power when it comes to the way we parent. It explores how compassion, empathy & mindfulness have a place in raising children. If connection, listening, and love were at the center of every relationship, how different could our world be?